

# *Stuck In Traffic*

Choreographed by: Garth Bock ([garth.bock@verizon.net](mailto:garth.bock@verizon.net))

Type: Couples Fixed Pattern – Easy Intermediate

Music: Traffic – Desert Justice (Promo Only July 2004)

Position: Couples in Side By Side (aka Promenade) Position

## **Toe Struts – Rock Step – Shuffle Back**

1 – 4 Left Toe Forward – Heel Down – Right Toe Forward – Heel Down

5 – 8 Rock Left Foot Forward – Recover on Right – Left Shuffle Back (L-R-L)

9-12 Right Toe Forward – Heel Down – Left Toe Forward – Heel Down

13-16 Rock Right Foot Forward – Recover on Left – Right Shuffle Back (R-L-R)

## **Left and Right Shuffle Forward – 1/2 Turn Right – Left Shuffle Forward (RLOD)**

17&18 Left Shuffle Forward

19&20 Right Shuffle Forward

21-22 Step Left Foot Forward – Pivot 1/2 Turn Right

23&24 Left Shuffle Forward

## **Left Hand Release (Man) 1/2 Turn with Hip Bumps – Woman Steps in Place with Hip Bumps**

Man

25-26 Man Drop Her Left Hand and Step Forward on Right – 1/2 Turn Left (Faces LOD)

Woman

25-26 Steps Right In Place – Steps Left In Place (Continues Facing RLOD)

Both

27-32 Bump Hips In Twice – Bump Hips Out Twice – Roll Hips From Right to Left (4 Counts)

## **!2 Pivot Turn (Woman) – Man Steps In Place**

Man

33-34 Steps Right In Place – Steps Left In Place

Woman

33-34 Steps Forward on Right – Pivot 1/2 Turn Left

## **R – L Walks – Right Shuffle – Left Ball Change**

35-36 Walk Forward R – Walk Forward L

37&38 Right Shuffle Forward

39&40 Kick Left Foot Forward – Step Down On Left – Step Right Foot Forward

## **Left Shuffle Forward – Right Shuffle Forward**

41&42 Left Shuffle Forward

43&44 Right Shuffle Forward

## **Left Stroll – Stomps**

45-46 Step Left Foot Forward – Lock Right Behind Left

47-48 Stomp Left Foot Forward – Stomp Right Next to Left

Start Again

Optional Tag: After 4 repetitions of the dance there is a 16 count bridge. Dance counts 1-16 and then restart the dance.