

The Shadow

Choreographed by Nancy Martin

Description: 56 count couples dance

Position: Both facing LOD side by side with single handhold, 40 counts

Music: "Take It Back" by Reba McEntire; "Don't Let Our Love Start Slippin' Away" by Vince Gill; "Fast As You" by Dwight Yoakam

Counts Step Descriptions

LADY

1-2 Step with left foot, turning 1/4 turn to the left, touch with right toe

/Now facing partner

3-4 Step with right foot, turning 1/4 turn to the right, touch with left toe

/Now back to facing LOD

5-8 Switch right hand to his right hand, while executing a left rolling grapevine, (left-right-left), ending in front of (partner), touch right toe

/Following steps are executed with same foot until count 20

9-12 Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step forward with right foot, slide left foot up to right foot

/Weight should remain on right foot

13-16 Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step forward with left foot, slide right foot up to left foot

/Weight should remain on left foot

17-20 Move backward (right-left-right) (on count 20: man steps with weight on left, lady just touches her left)

/Drop hand hold

21-24 Left rolling grapevine (left-right-left) touch with right

/Man's left hand joins lady's right hand

25-26 Turn 1/2 turn to the right, With weight on right, touch with left toe

/Now both are facing RLOD

/Man's right hand joins lady's left hand

27-28 Turn 1/2 turn to the left, with weight on left touch with right toe

/Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold

29-32 Right rolling grapevine in front of her partner (right-left-right,) touch with left

/Rejoin hands (man's right to lady's left)

33-40 4 shuffle steps forward: (left-right-left, right-left-right, left-right-left, right-left-right)

REPEAT

MAN

1-2 Step with right foot, turning 1/4 turn to the right, touch with left toe

/Now facing partner

3-4 Step with left foot, turning 1/4 turn to the left touch with right toe

/Now back to facing LOD

5-8 4 step in place (right-left-right-left).

/As lady moves in front of you, her back is to you, right hands at her right hip, left arms extended

9-12 Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step forward with right foot, slide left foot up to right foot

/Weight should remain on right foot

13-16 Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step forward with left foot, slide right foot up to left foot

/Weight should remain on left foot

17-20 Move backward (right-left-right) (on count 20: man steps with weight on left, lady just touches her left)

/Drop hand hold

21-24 Right rolling grapevine (right-left-right) touch with left

/Man's left hand joins lady's right hand

25-26 Turn 1/2 turn to the left, with weight on left, touch with right toe

/Now both are facing RLOD

/Man's right hand joins lady's left hand

27-28 Turn 1/2 turn to the right with weight on right touch with left toe

/Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold

29-32 Left rolling grapevine behind his partner (left-right-left), touch with right

/Rejoin hands (man's right to lady's left)

33-40 4 shuffle steps forward: (right-left-right, left-right-left, right-left-right, left-right-left)

REPEAT